# **Optimizing The Environment Suitable For Tourism**

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ISSN: 2249-4375

### **Abstract**

Environmental impact of tourism is most visible in tourist destinations. But effects are also visible at points of origin and transit. For example, the output of aircrafts, ferries, buses, cars equipment and promotional material consumes productive and energy resources and generates waste in origin areas while travel creates pollution in the atmosphere and adversely effects the environment of areas traversed. To avoid the use of material likely to be environmentally harmful, one must substitute purchases of recycled material for those from primary sources and reduce waste by a cut in consumption of materials and energy.

### Forms of Tourism - Displacement of Persons

In economic measurement, countries are usually interested in looking separately at effects whether they occur on their soil or within other economies. This issue is particularly relevant in the case of tourism which by nature supposes that individuals displace from one place to another. In order to make this analysis possible, it has been necessary to develop concepts which associate tourism and its activities with the residence of the individual taking the trip, that is, developing his/her tourism activities, and the place where these activities occur.

It is what is meant by this series of definitions relating to what are called the "forms of tourism" and are relatively outspoken:

Domestic tourism: is the tourism of resident visitors within the economic territory of the country of reference.

Inbound tourism: is the tourism of non-resident visitors within the economic territory of the country of reference.

Outbound tourism: is the tourism of resident visitors outside the economic territory of the country of reference.

Internal tourism: is the tourism, of both resident and non-resident visitors, within the economic territory of the country of reference.

National tourism: is the tourism of resident visitors, within and outside the economic territory of the country of reference.

Environmental degradation has become the talk of the town in the recent years. Developmental activities have taken a toll on the environment and has have resulted in loss of biodiversity. One of the major causes of the degeneration of environment is unplanned and unchecked developmental activities in the tourist destinations. Tourism, though, beneficial for the country's economy, harms nature when it is not planned properly. People who come to enjoy the scenic beauty often litter the places with polythene and left over food without thinking about its adverse impact on the environment.

Tourism also results in disorderly and scattered tourist facilities which generally are not ecofriendly and that leads to aesthetic degradation of the landscape. It also has negative impact on the natural resources as it contributes to soil erosion, increase pollution and discharges into the sea.

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Tourism also pollutes the tourism sites with noise and air pollutions, problems are more compounded in countries or regions which lack or does not have the ability to effectively treat such forms of pollutants generated from tourism activities. Tourism development is more or less responsible for most of the harmful impacts that tourism has on the natural environment. The cutting down of forested areas, changing the landscape etc all have negative impacts on the ecological balance of the tourism destination, whereas levels of impact may vary from site to site, but the negative impacts of tourism on the environment cannot be ignored. If tourism destroys the environment with negative impacts, it also plays a very big role in the preservation of the natural environment of the destination areas.

## Tourism and Environment are interdependent:

Tourism is based on the environment; Tourism has and will always devour the natural resources. Tourism is the main factor carrying out the natural environment in both positive and negative aspect. Even simplest form of tourism like visiting a zoo consumes environmental resources such as animals, birds or plants. Such a kind simple form of tourism also renders constructive as well as unconstructive effects. The negative effect cases might be the capturing animals from their natural habitat and keeping them in a zoo, whereas positive aspect can be that by capturing the animals they are getting protected against hunters and other environmental conditions that can be critical to them. In various other smaller or greater impressions tourism has both negative and positive effects, but more important is to understand the actual destruction or refurbishments causing from tourism towards environment.

It is understandable that human involvement with environment tend to use the resources, if it can't help to make them grow at least they can be saved from future damages by use of intelligent human behaviour. Study of tourism environment is about understanding the cause and effect rule and to imply theories to protect the environmental loss due to mass tourism. It is also significant that Tourism should place along with the higher quality of environment and environment shall get benefit from it not the damage. No doubt every human action has its own pros and cons and fragility of nature resources must not be seriously harm by it. Tourism is without a doubt among the world's highest profitable industries (whether on the cost of environment) and relationship between tourism and environment can get equilibrate if financial profits gets used for the conservation programs or environmental sustainability.

### **Impacts of Tourism on environment:**

All activities consume resources and produce waste, possibly all these activities has a potential to spoil the environment, and in same context Tourism is no exception. Tourism has developed as a largest industry and any activity happens at a mass level definitely leaves it's positive and negative impacts, such as tourism did in the past. Although not the case that every environmental problem is produced by tourism but still being a mass industry it affects on a wider platform.

ISSN: 2249-4375

### **Negative Impacts:**

The harmful impact of tourism can destroy the natural environment when the negative impacts on the environment are sufficiently intensive and extensive. Such as damaging biodiversity of particular areas which includes holiday retreats, clearing of vegetation for constructing resorts and hotels or other tourism facilities, and also many rare species have been brought to the verge of disappearance due to non-tourism nuisance which are directly related to tourism. Habitat devastation brought by unrestrained and ill planned tourism is the prime cause of extinction of species which eventually destroy the natural balance, but destruction of biodiversity can have far reaching effects than this. Another negative impact is the depletion of natural resources like water, land and resources like food, energy or raw materials etc. which are already in short supply. Degradation of land resources like wood or plantations is another example of the negative impacts of tourism on the natural environment. Solid waste littering is more common in the case of trekking, rock climbing or hiking tourists. Tourism also pollutes the tourism sites with noise and air pollutions, problems are more compounded in countries or regions which lack or does not have the ability to effectively treat such forms of pollutants generated from tourism activities. Tourism development is more or less responsible for most of the harmful impacts that tourism has on the natural environment. The cutting down of forested areas, changing the landscape etc all have negative impacts on the ecological balance of the tourism destination, whereas levels of impact may vary from site to site, but the negative impacts of tourism on the environment cannot be ignored. The negative impacts are intensely visible in ecologically fragile environments.

Whether from generating a new site or a heritage site used for different prospective, somehow environment is getting a hard time by this. By pollution, numbers of persons using limited resources, behaviour of tourists while on holidays and so on are some of the causes which directly or indirectly affects environment. It may include both physical and cultural aspects. Unless managing at all level it is difficult to provide specific consideration to each resource and this is how this becomes a negative aspect towards tourism, environment has to pay such cost by loss to the natural settings to beaches, coral reefs or heritage sites.

Effluence caused by tourism main concerns faced by tourism trade today. The sewage waste from tourist resorts are drained into the rivers causing pollution in the river water and eventually to sea bed, it highly affects the marine life. Extreme use of natural resource that is fossil fuel to generate energy for tourist activity, the activities of overfishing, unnecessary use of ground water resources, are only few of problems which are created by tourism industry which in turn causes the reduction of the resource.

As tourism grows, it also give hands to increased littering, various forms of pollution e.g. noise, water, air. Sewage and waste got increased sometimes to uncontrollable levels. Alongside need for transportation gets high and number of vehicles produces numerous gases and noise in air. In areas where resources are limited, tourism develops a sense of competition, leading to all sorts of degradation. Such harmful impacts are majorly brought by poor management or lack of proper conservation mechanism in place.

ISSN: 2249-4375

### **Positive impacts:**

However with all these harmful effects, the environment is also gaining the optimistic outcome of tourism. Tourism is moving towards a sustainable side by helping and preserving the natural resources for the future generation. Various nations and its conservative organisations are implementing strict plans for conserving their flora and fauna and protecting their natural resources.

We should not only see at the dark side of the moon if tourism has its costs, its pays back as well, as tourism grows it definitely encourage several other industries to rise side by side. Whenever a destination is selected to develop as a tourism destination government and planning sources put efforts for the regeneration of the place. It consists of revitalisation of an area or a site and beautifies the local environment. Thus this process brings new colours to the site. Any vital site when comes under tourism perspective, its natural resources gets special attention from the managing bodies, where as educated tourism developers knows the value of a natural resource and keeping this in mind they prevent any misuse or damage to it.

According to Swarbrooke (1999) the term sustainable tourism can be defined as the approach towards tourism in which more focus is shown in preservation of the natural resources in a way that they can be consumed by the present generation and can be preserved for the future generation as well. Tourism can therefore no longer be seen as a harmful factor to environment. Economically, many areas in the world have benefitted from tourism and conservations are taking place on a higher level in many countries.

### **Physical Impacts of Tourism:**

The development of tourism facilities such as accommodation, water supplies, restaurants and recreation facilities can involve sand mining, beach and sand erosion, soil erosion and extensive paving. In addition, road and airport construction can lead to land degradation and loss of wildlife habitats and deterioration of scenery.

#### Deforestation and intensified or unsustainable use of land:

Construction of resort accommodation and facilities frequently requires clearing forested land. Coastal wetlands are often drained and filled due to lack of more suitable sites for construction of tourism facilities and infrastructure. These activities can cause severe disturbance and erosion of the local ecosystem, even destruction in the long term.

#### **Marina development:**

Development of marinas and break waters can cause changes in currents and coastlines. Furthermore, extraction of building materials such as sand affects coral reefs, mangroves, and hinterland forests, leading to erosion and destruction of habitats. In the Philippines and the Maldives, dynamiting and mining of coral for resort building materials has damaged fragile coral reefs and depleted the fisheries (Hall, 2001).

Overbuilding and extensive paving of shorelines can result in destruction of habitats and disruption of land-sea connections (such as sea-turtle nesting spots). Coral reefs are especially fragile

ISSN: 2249-4375

ISSN: 2249-4375

marine 266 ecosystems and are suffering worldwide from reef-based tourism developments. Evidence suggests a variety of impacts to coral result from shoreline development, increased sediments in the water, trampling by tourists and divers, ship groundings, pollution from sewage, over-fishing, and fishing with poisons and explosives that destroy the coral habitat (Hall, 2001).

People using the particular destination, both locals and tourists can be made aware of the importance of maintaining the environment. Therefore Tourism and natural environment can both co-exist and be mutually beneficial to each other if the tourism industry has the willingness to pull in full support to the conservation efforts of the natural environment. In doing so, it can help maintain the environment and also recover from the negative image that it has built up. There is no doubt accepting the fact that tourism brings in money. But even then, care must be taken to make sure that the economic growth brought by the tourism industry must contribute to the natural environment processes and the sustainable use of natural resources.